



Writing Scripters

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SPORTS and LIFE

What does sports have to do with our lives? What message can we receive from the spirit of sports? Some people say sports is plain physical exercise itself, while some find a strong meaning behind it.

In this issue, let us immerse ourselves into the athletic world.

First of all – Congratulations to all our teams!

2C(30) SIU CHUI PING

2C(14) HUI NGA TING

Outstanding athletes lead to outstanding results. Recently, our school teams have proved their abilities and value on the pitch. Congratulations to the badminton and volleyball team (B grade) as they became the champions of this year's Inter-secondary school competition! We were glad to interview our stars.

First, we met the badminton team's member Hui Tsz Kin (4A) and their leader Lau Kwan Ho (4E) to share their feelings. Both of them started playing badminton at an early age. Lau joined because he thought it would be good for his health. He also wanted to add more entertainment in his life. As for Hui, there was no special reason for choosing badminton but he just felt like it.

It wasn't their first competition. They both had a lot of experience before. However, was this Inter-secondary School Competition different from the competitions they had before? Lau said that the difference is in the members, as they were all hard-working during practices and that there was a great audience paying lots of attention to this competition. Hui answered that this time, everybody in the team was thirsty for the trophy. 'Because of the extra hard work paid in the competition, we managed to get into our best form,' he said.

So, they have played this sport for a long time, but have they sacrificed a lot of their leisure time? Did they ever think of giving up when the goings got tough? The answer is positive. Lau said that although their practice time was not too long, besides the school practice, they also practised outside, as he claimed, 'we have practice 3 days a week'. Lau believed that all the practices challenged the endurance and perseverance of the players, since they had to sacrifice their own time for studying and other entertainment.



Our Badminton Team

Hui had a different viewpoint. He said if he had a chance to either play computer games or badminton, he would definitely choose the latter. He thought the practices would not seriously affect his studies, because each practice only lasted for 2 hours. Despite the exhausting practices, he regarded them as a form of entertainment and hence enjoyed them.

As for our volleyball team, they have a different feeling of the competition.

We interviewed Cheung Sin Yue (4A) and Lai Hoi Nam (4A) and their leader Siu Nok Wun (4A). Encouraged by teachers, they joined the team in F.1. At first, they knew nothing about volleyball. Similar to the badminton team, they had the same feeling of sacrifice as they had to strike a balance between finishing their homework and studying. Injuries were also frequent. They would get hurt easily during practice. Some members wanted to give up because some practices were just too harsh.

When asked about their feelings after winning the championship, they were thrilled and exclaimed that they had never won a championship before. It gave them faith and confidence to fight for future competitions. In addition, they found that they started to enjoy practice sessions more because of the satisfaction and accomplishment after winning the competition. Moreover, the athletes said they became more interested in the physical knowledge about volleyball. For instance, "How can we jump higher?" "Are there other alternatives to warm up?"

As far as we know, our sport teams are becoming stronger every day, thanks to regular practices and the positive attitude of team members. Their love and enthusiasm for this sport is obvious.

Some character traits can only be attained through experience and practice. Team sports can offer you an opportunity to train your attitude, hone your skills and develop your personal growth, which actually are crucial elements in our daily life. Want to pave the way for your future success? Let us join a sports team in the coming term!



Our Volleyball Team

Sports serve society by providing vivid examples of excellence.

George F. Will

Mr. Li's insight about sports

2A(20) LEE MAN KI

1D(18) LO WAI YIN

1B(11) HUNG WAI CHEUNG

This year, lots of sports teams in our school are reaping the harvest of their hard work and efforts. Let's explore the innermost thought of our PE teacher, Mr Li Chiu Chee, to understand more about his sports world!

Why do you care about our school's basketball team so much?

As a matter of fact, I not only care about the basketball team, I care about other school teams as well. I think the students in the basketball team are more obedient, enthusiastic, and willing to work hard.

What are your favorite sports? Why?

In fact, I prefer sports with less physical contact, such as volleyball. I was a member of the volleyball team in secondary school and university. I enjoy spending time playing sports with my friends.

When did you start to love sports?

What do you think about the student's attitude towards sports nowadays?

I started to love sports because of my PE teacher in secondary school. I want to care for my students just like the way he cared for his. To me, I do exercise about twice a week. I usually go for a jog at night and play ball games with my friends.

However, I don't think everyone likes doing exercise. As a PE teacher, teaching students with a bad attitude (or low motivation) is the most difficult. You know, some students are unwilling to do sports especially in the summer with the hot weather. On the contrary, I gain a sense of satisfaction when I see my students trying their best and making progress.

Actually, everyone knows the benefits of exercise and playing sports. Hope all of you can take the first step and to find the beauty in them!



I figure practice puts your brains in your muscles.

Sam Snead

Interviewing Our Elite Trampoline Team

1C(7) LAU CHIN WA

1C(20) NG HINKEY

1C(5)AU MAN KIT

Interviewees: 2A (15) Law Sin Yan, 3A (4)Chau Cheuk Lam

Bump-bump-bump... That's the trampoline team! Our school's trampoline team, has been sweeping prizes in a wide array of competitions, is surely one of the best trampoline school teams in Hong Kong. This time, we had the opportunity to interview two of the members of our elite team!

How many years have you participated in the trampoline team? How frequently do you practise?

Both: We have joined for 3 years. We spend five days per week for practice, about three to four hours each day.

Why did you join trampoline team?

Law: While visiting Ocean Park one time, I had the opportunity to try out trampolining and I immediately fell in love with it. For safety reasons my body was fastened using safety harnesses, so I never thought that real trampolining was that dangerous. Nonetheless, I wanted to try the real thing. It wasn't long after arriving at TKPSS did I see how amazing and graceful the members were while practising those aerobatic moves and right then and there, I knew I wanted to join the trampoline team even with the dangers involved.

Chau: When I was in Form 1, I saw the trampoline team members doing very graceful actions. After joining team, the coach said to me that I had potential in trampolining.

In future, will you choose trampolining as a career or just practise trampolining while you work on a different career?

Law: I will choose trampolining as a career, because I have been trampolining for three years now and I have a strong commitment with the trampoline team. Also, the trampoline coach once told me that I am very talented, so I want to continue developing these active skills.

Chau: Yes, because I have been a member of the trampoline team for 3 years now. Since F.2, I have been the leader and my coach has high expectations for me.

Do you have any unforgettable memories while being a part of the trampoline team?

Law: Yes, we have been awarded many prizes in different competitions. Our team also participated in the Hong Kong Chinese New Year night parade and had the chance to have our skills broadcasted on the TV.

Chau: Yes, during Chinese New Year, we participated in a decorated float parade. During the performance, two of the members were injured and our coach felt very uneasy of these events. But in the end, everything worked out smoothly.

Do you like the trampoline team? Why?

Law: Yes, it is just like a big family, which gives me a warm feeling.

Chau: Of course yes! We are like one big family. Obviously, there is a very close bond between us. We sometimes even share secrets and gossips together!

One man practicing sportsmanship is better than a hundred teaching it.

Knute Rockne

A life-changing event in Stanley Cheung's life

6S(26) Ngo William, (8)Chong Chin Kwan

Sports can be very meaningful to some people, because of the spirit behind it. Yet, too many of us live like goldfish, swimming in the same orbit day and night feeling dull, tired, bored and sometimes worse. Life is much too precious to be wasted that way. Every person has a unique purpose in life, and Stanley Cheung has found his after surviving the Pak Sin Leng fire.

1) Who is the most important person in your life?

To be frank, I think I am the most important person in my life and my family comes second. I cannot live without my family. If I am hurt, in danger or even dead, my family will be heart-broken, especially my parents. I can say that I have the best parents in the universe. I am strong, resilient and capable today because of the people who raised me, and there are not enough words in any language to express how thankful I am for my parents. It is absolutely true that nobody can separate us.

2) Was studying at the Chinese University (CU) your dream?

Not really. (The most partial reason is that) I just wanted to meet the high expectation of my father. When I was young, my father showed me the location of CU and told me to study there in the future. I thought it was impossible since I didn't like studying at that time; I couldn't get good academic results no matter how hard I tried as I studied in a bad band 3 secondary school; I 'hea' (local slang: wasted) every day doing nothing in my spare time. Everybody then called me 'GARBAGE'.



But after the accident happened to me, I realized how essential it is to live a more meaningful life---influencing youth-at-risk not to take the wrong paths by mistake. So I aspired to become a social worker, sharing my precious youth experiences to youth-at-risk and making them understand how unique they are. I had suffered from severe injuries which seriously affected my learning ability and I could barely write, read and listen. Although things seemed bad, I lived in high hopes. I therefore showed great diligence in my schoolwork and was determined to finish my university degree in the U.S. and a master's degree in CU in spite of the difficulties. Finally, I became a social worker and did something that I am genuinely proud of.

And I'm going to tell you the most foolish thing which really made me upset was that on the day I graduated, I told my father I had met his expectation. Guess what he said afterwards? He said he had totally forgotten his hopes of me studying at CU!!!! I felt like such an idiot!!!!

3) Why did you study psychology?

Just for interest. Until now, I still think that people studying in psychology are all psychopaths. Just joking. Actually, I want to understand what people are thinking and the message behind people's actions. In a few words, I'm very interested in the relationship between behavior and motivation. Since F.2, I read so many books about psychology. I'd already been a "Love Advisor" for my friends ever since I was 18.

4) What difficulties did you face in learning?

You know, I went to high school in the U.S. since F.5 and I knew almost nothing about English. Starting to learn English at that age is really the biggest obstacle I've ever encountered. People told me back then to listen more, speak more, write more, and the situation would improve. But the next problem came soon after entering a university in the U.S. - I didn't understand what my professor was talking about as there were too many technical words or expressions in his speech. Then I kept asking my schoolmates and checking the dictionary. That's the only way to improve. I could tell you that I only understood 80% of what my professor said in the very last term, but that was a great progress!

5) Do you feel lucky that you have a job in which you are interested in?

If you want to turn your interests into a career, sometimes you might lose your interests. Instead, I would take a more optimistic view that I would go on doing my job because what I do now uses my interests meaningfully to help the needy.

6) What is your opinion about 'Kong kids' nowadays? Do you feel they are too vulnerable when they face difficulties?

I don't agree. I have had feelings of giving up in tough situations just like a normal person. It's unfair to label all children as 'Kong Kids' because the way we over-generalize can make their situation worse. The world is way too cruel that they only see people's results. People see bad results as not working hard enough. They don't care about how much blood, sweat and tears that came out behind the scene. That's reality

I would, however, advise children and teenagers nowadays to have a dream, and to pursue their goals persistently and determinedly. You will come across tons of difficulties along the way, but try your best to overcome them, so that you will have no regrets.

7) What do you think you would be doing if the accident had not happened to you?

I can't answer that question at all as I can't imagine what my life would be if the accident had never happened. It's like asking, how will watching (or not watching) a concert affect me. I know it's a cheap metaphor, but it makes no sense to compare these two things. The only thing you can compare is the present you and when you were a baby. You gain a lot when you grow up, such as knowledge, relationships, experiences, memories and so on. I don't regret having such an 'extraordinary' life!

8) How do you feel if someone teases you about your appearance, or even discriminates against you?

It depends on what you think. Some people might think that when I get teased, it is considered discrimination, but it is only out of curiosity when they do that. Always think optimistically, as the world is more beautiful than that.

9) Do you agree that the world is a “lookism” society?

Recently I met a teenage girl who had no self-confidence because she thinks that she is ugly. Therefore she kept asking her father for money to have plastic surgery. It's completely ridiculous! People will not respect you if you only have an attractive appearance but no inner beauty. On the other hand, what people should pay attention to is clothing, and not physical appearances. Wearing the proper clothes and having appropriate manners and etiquette in different situations can help you gain respect from people. I think that would be more important.

10) What is your target in future then?

Honestly, I want to be a professor teaching at a university. Imagine that you were the professor standing on the stage of a classroom teaching hundreds of students. Wouldn't that be great?

We both enjoyed the time with Stanley. It was one meaningful conversation.

We can all learn something from his experience. No matter what falls upon us, we should always remember that old saying: For every cloud, there is a silver lining.



From left to right: Mr. Stanley Cheung, 6S Ngo William and Chong Chin Kwan

The more you sweat in practice, the less you bleed in battle.

Author Unknown

A Football Trip to Munchen

6S(26) William Ngo and 6S(8) Chong Chin Kwan

(Written by 5A (24) Leung Hoi Chun)

When I was young, I wanted to play football with German football stars like Michael Ballack and Miroslav Klose. My family and friends teased me and thought I was probably insane. However, the opportunity is around us. I received an invitation to participate in the Allianz junior football camp with other adolescents who are different in background, culture and race. It is amazing and awesome that I was one of the four winners.

It was my first time to travel with other football lovers to Munchen, actually Munich in English. It is a famous city in Germany.

In Munchen, the weather was incredibly cold so we wore thick layers of clothing. The hotel that we stayed at offered us savory and scrumptious meals, such as sausages and steamed salmon. We were very fortunate to not only have the opportunity to play football, but also explore Munchen and its culture. While sightseeing on the 360 Steps Tour, we found a fantastic place to watch the scenery and landscape. We visited a car exhibition at BMW World and later watched a motor stunt show, which was just absolutely amazing! I also got a chance to visit the Munchen stadium to watch a spectacular football match. The stadium had a very attractive setup as the stadium lights changed colors during the evening.

The most unforgettable experience was the farewell party. Adolescents from almost every country performed a show for everyone. All of us sang and danced together like one big dancing team, united with a common interest. Although we stayed together for just five days, we managed to build a strong bond. I really hope that this friendship can last forever.

There is a Chinese proverb, 'He that travels far knows much' which means practical experience is more useful than theory. I truly understand the meaning of this proverb as the trip was really an eye-opener for me!



Singapore Study Tour, 2011 Easter

As a special addition to this year's last issue of Writing Scripters, let us rewind and share the moments of our schoolmates during a study tour in Singapore!

5D (8) Chow Cheuk Man

Singapore is a fine country. The 'Fine country' term is what I learned from the English lessons in the trip, which means a country with beautiful places and effective policies. I totally agree with this term. I love the colorful buildings, fresh air, nice people and enjoyable lessons there.

The most impressive memory in the Singapore study tour happened on Day 3. That day, we had to interview Singaporeans to know more about their cultures. My group did the interview in a supermarket. Most of the Singaporeans were willing to help us. When they introduced something special in Singapore, they would describe them with great details. They would reject our interview in a polite way when they didn't want to be interviewed. It makes me feel that Singapore is a nice place as people there are kind.

4D (6) Chan Wing Yan

I went to Singapore for 4 days during the Easter holiday. It was my first time, so everything was fresh to me. In the trip, I like the Sentosa most. Sentosa is very stunning, especially the fantastic night view. I would never forget what I saw that night. It was just like gazing at a spectacular picture and hearing the sea singing. In general, it was an unforgettable trip.

The trip can enhance my confidence in speaking English. We had to speak English all the time, so I had lots of opportunities to speak in English, on the plane, in the restaurant and with the teachers. I can truly speak more and learn more English. Apart from learning more, it also opened my eyes. This experience has helped me a lot. Undoubtedly, I will join the study tour next year and recommend it to my friends.



3E (13) Hung Yuk Ki

After this trip, I have learnt many new things about Singapore. Take the lessons in the local school as an example. I learnt about the history and culture of Singapore. Singapore is a mixed race society. There are different kinds of people like Chinese and Indian. They can live peacefully and harmoniously together. Peace and freedom are their spirit. Therefore I love this country so much, because I can actually feel love is all around. Seeing their welcoming smiles on their faces, I was overwhelmed with warmth and affection! What's more, the food in Singapore was intriguing and tempting. I would never forget the fantastic taste of egg cake. Even the rice is more delicious than that in Hong Kong. Hope that I can go there again with my family and try the yummy food with them.

3A (28) Sung Yuen Ying

After I have joined the Singapore tour, I think I've got a lot of results during this trip. For example, the history of Singapore and some famous places there. I also think that it is a good chance to make more friends from my school and try to work with students in different forms. My unforgettable experience was I could see the wild animals and touch them at a close proximity. The bad thing during the trip was the weather, the weather in Singapore is hot all the year, so it was a bit unbearable to stay outdoors.



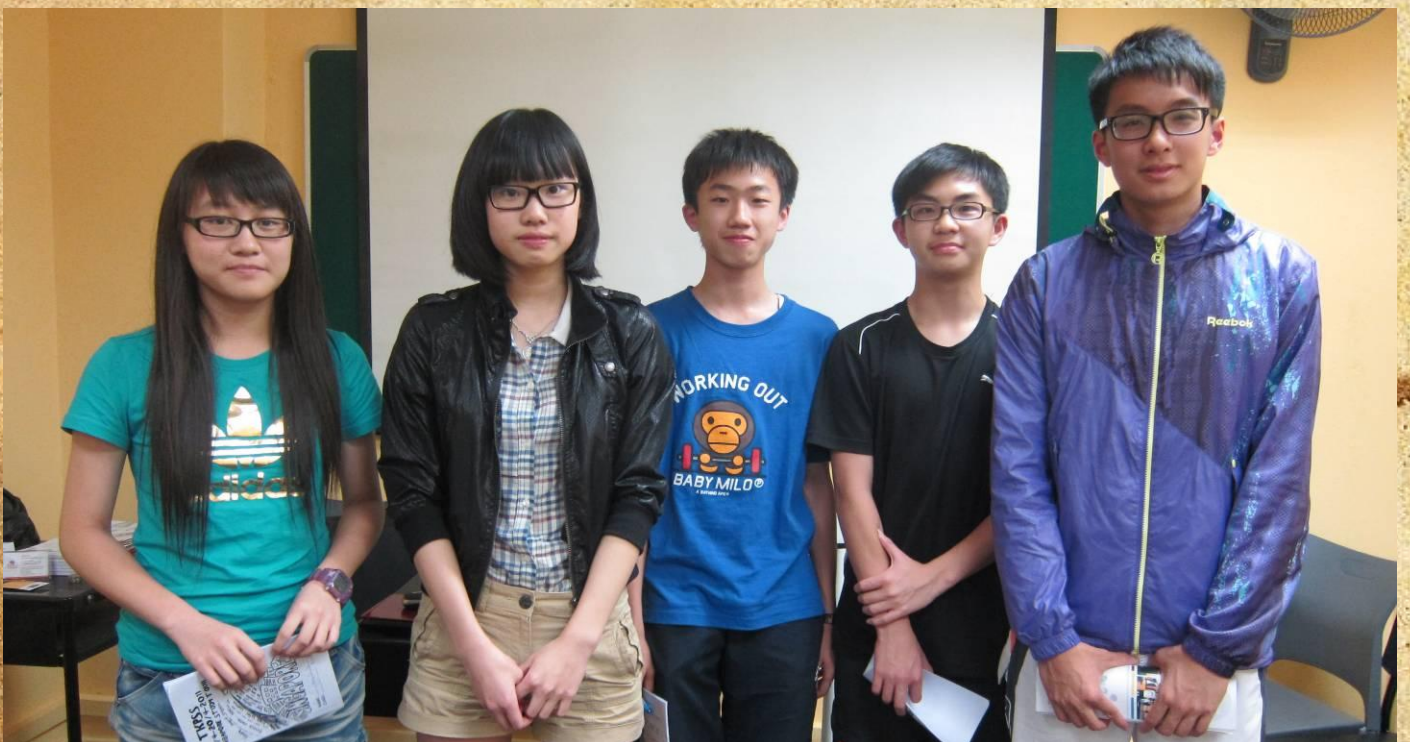
1E (7) Choi Hiu Lam

In this study tour, we went to learn more about Singaporean history, holidays and places. I now know that Singapore was a colony of Japan. Singapore is also called 'Lion City'. We visited a zoo, some museums and watched a show. They were interesting. Especially the show, it was fantastic! The fireworks and the water show were beautiful as well.

This is my first time visiting Singapore. It was also my first time joining a study tour. When I arrived in Singapore, the teacher requested us to speak in English. We shouldn't speak in other languages. At that moment, my friend and I felt excited, it was just a piece of cake for me. But that night, I spoke in Chinese with my friends and therefore I had to be punished: 2-minute presentation in English!

On the second day, I made the same mistake again! When I was waiting for the teacher to take our attendance, I spoke in Chinese with my friend again! Suddenly, Mr. Chan grinned at me. Oops! A 2-minute English presentation again.

Everything went smoothly on the third day. We went to the Science Centre. It was fun. It was very big. After that, we went to McDonald's to have ice cream. However, the food at McDonald's in Singapore was very expensive.



Reading all the comments, the trip was surely amazing and unforgettable. Sometimes, pictures speak louder than words, so let us see a few more pictures!



And that wraps up everything in this Writing Scripters issue! This year, the Writing Scripters team 2010-2011 is glad to bring you a whole new taste of an English school magazine. We really hope that you enjoyed the 2 issues, immersing yourself in the world of learning and sports.

Next year, we will probably see a new team producing yet more fantastic articles for you! What awaits in the future? Who knows!

The Team

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